**INDICATIONS**

- Swelling and pain of the throat, sudden loss of voice, rattling sound in the throat, goitre, scrofula, difficulty in swallowing.
- Cough, coughing with much spittle, wheezing, asthma, hypotension.

COMMENTARY

In Chapter 21 of the *Spiritual Pivot* Futu L.I.-18 is included in a list of five points known as 'Window of Heaven' (literally 'five regions of the Window of Heaven') points. This passage states "Sudden loss of voice with obstructed qi in the throat, choose Futu L.I.-18 and bleed the root of the tongue". Futu L.I.-18 shares certain important characteristics of this grouping in that it treats goitre and scrofula due to stagnation of qi and phlegm in the pivotal neck region, and sudden loss of voice, coughing and wheezing due to inversion qi. For a fuller discussion of the points of the 'Window of Heaven' see page 48.

In clinical practice, Futu L.I.-18 is frequently used as an alternative to (or in combination with) Renying ST-9, in the treatment of difficulty in swallowing (especially following windstroke) and chronic disorders of the vocal cords.

COMBINATIONS

- Sudden loss of voice: Futu L.I.-18, Tianchuang SI-16, Zhigou SJ-6, Qubin GB-7 and Lingdao HE-4 (*Thousand Ducat Formulas*).
- Bleeding from the root of the tongue: Futu L.I.-18, Dazhong KID-4 and Touqiaoyin GB-11 (*Thousand Ducat Formulas*).
- Cough with rebellious qi, dyspnoea, vomiting of foam and clenched teeth: Futu L.I.-18, Tianrong SI-17, Lianquan REN-23, Pohan BL-42, Qishe ST-11 and Yixi BL-45 (*Thousand Ducat Formulas*).

KOUHELIAO L.I.-19

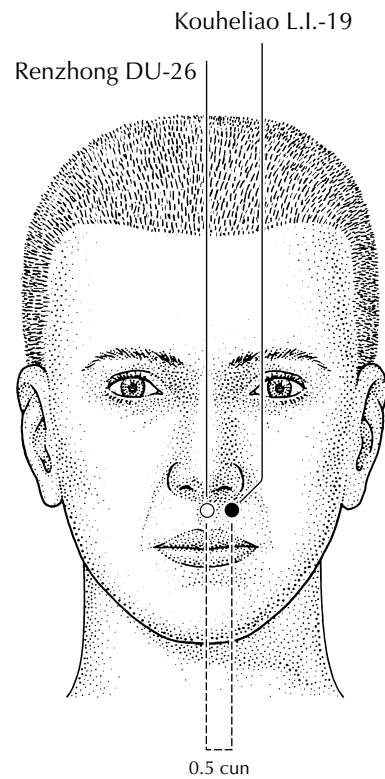
Mouth Grain Crevice

LOCATION

Below the lateral margin of the nostril, 0.5 cun lateral to Renzhong DU-26.

LOCATION NOTE

Renzhong DU-26 is located above the upper lip on the midline, at the junction of the upper third and lower two thirds of the philtrum.

**NEEDLING**

Oblique insertion 0.3 to 0.5 cun. **Note:** according to some classical and modern texts, this point is contraindicated to moxibustion.

ACTIONS

Eliminates wind and opens the nasal passages

INDICATIONS

- Nasal congestion and discharge, loss of sense of smell, nasal sores, nasal polyps, rhinitis with nosebleed.
- Lockjaw, deviation of the mouth, loss of consciousness.